

# Alexandrina Action Plan



# Alexandrina Council Public Health Action Plan

## The Findings

The key findings that could require a focus in Alexandrina Council's Public Health Action Plan are as follows:

State of Health Findings	Public Health Implications
<ul style="list-style-type: none"><li>▪ Large proportion of older adults (60 years to mid 80's).</li><li>▪ Higher rates of people receiving disability support pension (particularly Coast SLA).</li><li>▪ Large number of concession card holders (Coast SLA).</li><li>▪ Higher proportion of people not in the labour force when compared to the state.</li><li>▪ Low income families.</li><li>▪ Rental assistance, rental stress, mortgage stress (Coast SLA).</li><li>▪ Some evidence of Early Childhood Development issues (Strathalbyn SLA has evidence of vulnerability).</li><li>▪ Mental health issues slightly higher (males).</li><li>▪ Health awareness issues (high smoking levels).</li><li>▪ Health risk is higher for a number of health factors (Coast and Strathalbyn SLA's).</li></ul>	<ul style="list-style-type: none"><li>▪ The Council already addresses most aspects of public health and the emphasis could be on continuing and enhancing the services and achieving quality facilities (as the Council is planning to do).</li><li>▪ It will be important to continue to support the ageing and older population to continue to live healthy and independent lives.</li><li>▪ Lower income families and families under stress, including children and youth, are likely to require support.</li><li>▪ Potential for volunteers and community engagement strategies (although the Council is already strong in this respect).</li><li>▪ Council has a potential advocacy role to play in achieving affordable housing and emergency housing, particularly in Strathalbyn.</li><li>▪ There will be a growing need for coordinated medical transport for frail-aged and disadvantaged residents.</li></ul>

## Alexandrina Council's Response to Public Health

Alexandrina Council is committed to contributing to the health of its communities and provides a wide range of community and recreation facilities and open spaces as well as diverse program and activity opportunities.

The character of the council area is ideal for a healthy lifestyle with coastal areas and smaller coastal and country townships, walking and bike tracks, and appealing natural settings.

A commitment to healthy environments and healthy lifestyles is made through council's Strategic Plan and various other planning documents as well as through day to day environmental health services. However, in recognising that community needs and opportunities continually change, Alexandrina Council is open to considering new innovations and opportunities that will support the health of its communities, providing resources and partnership opportunities are available.

## Alexandrina Council Public Health Action Plan

### THEME 1: HEALTHY ENVIRONMENTS

Topic	Actions, Initiatives, Approaches, Projects	Potential Partners
Built Environments (Regional <b>Strategy 1</b> )	<p>1.1 Enhance the built environment and in doing so, incorporate health principles such as ‘Healthy Places and Spaces’ and strategic approaches to planning such as ‘planning for sports hubs’ within infrastructure projects. Place a particular focus on:</p> <ul style="list-style-type: none"> <li>- The design and construction of the Fleurieu Regional Aquatic Centre</li> <li>- Continued development and improvement of recreation and community facilities</li> <li>- Implementation of the Footpath Master Plan and trails development</li> <li>- Planning and development of the Goolwa Recreation Precinct (sports stadium, skate park etc.)</li> <li>- Planning and developing open space networks as part of the Goolwa Future Urban Growth Area Structure Plan</li> <li>- Maintaining and enhancing the Strathalbyn network of open space in accordance with the Strathalbyn Town Plan 2014.</li> <li>- Implementation of the Parks and Gardens program to improve the amenity, with a focus on nature play spaces such as Bristow Smith Reserve</li> <li>- Establishing a ‘Healthy Spaces and Places’ cross-organisational working group</li> </ul>	<p>State Government (DPTI, ORS) Federal Government (Infrastructure grants) Developers Community groups (sports, community) Victor Harbor Council</p>
Natural Environments (Regional <b>Strategy 2</b> )	<p>2.1 Implement Council’s Environmental Action Plan 2014-2018 with a particular focus on:</p> <ul style="list-style-type: none"> <li>- Protecting water resources, e.g. the Murray Darling Basin System</li> <li>- Urban biodiversity to enhance amenity and peoples connection with nature</li> <li>- Community partnerships (environmental projects)</li> </ul>	<p>NRM Boards Schools Community conservation groups DEWNR</p>
Housing (Regional <b>Strategy 3</b> )	<p>3.1 Advocate for and encourage affordable and appropriate housing through planning and liaising with developers, with a particular focus on ‘ageing in place’, including by ensuring relevant references in Council Development Plans.</p> <p>3.2 Advocate for and encourage green building design and construction by engaging with developers, builders and homeowners.</p> <p>3.3 Advocate for the provision of emergency housing particularly in Strathalbyn.</p>	<p>Developers Urban Renewal Authority DPTI Housing SA Community housing providers</p>
Environmental Health (Regional <b>Strategy 4</b> )	<p>4.1 Continue to implement and support the following environmental health practices and services:</p> <ul style="list-style-type: none"> <li>- Waste management and recycling programs</li> <li>- Water, air and noise quality and controls</li> <li>- Food safety and food handling (audits, advice)</li> <li>- Inspections and permits (markets, events)</li> <li>- Housing safety and quality</li> <li>- Other health regulations implementation</li> <li>- Immunisation programs</li> <li>- Health protection promotions</li> </ul>	<p>Businesses/ private sector Health SA EPA Schools Community</p>

## THEME 1: HEALTHY ENVIRONMENTS (continued)

Topic	Actions, Initiatives, Approaches, Projects	Potential Partners
Environmental Health (Regional <b>Strategy 4</b> )	<p>4.2 Continue to undertake and strengthen public health practices with a focus on:</p> <ul style="list-style-type: none"> <li>- Education, surveillance and pest and vector management</li> <li>- Education and surveillance of beauty and skin penetration businesses</li> <li>- Communicable disease</li> </ul> <p>4.3 Continue to undertake and strengthen water management with a focus on health impacts from sources (utilising proportionate enforcement where required) such as:</p> <ul style="list-style-type: none"> <li>- Public swimming and spa pools</li> <li>- High Risk Manufactured Water Systems</li> <li>- Drinking water from local drinking water supplies</li> </ul> <p>4.4 Continue to maintain and provide waste management servicing including:</p> <ul style="list-style-type: none"> <li>- Household solid waste management and recycling services</li> <li>- Facilities that provide for the safe and suitable disposal of hard rubbish</li> <li>- Community Wastewater Management Systems</li> <li>- Stormwater harvesting and wastewater reuse schemes</li> <li>- Education and support in relation to onsite wastewater management</li> <li>- Assessment, inspection and enforcement of onsite wastewater management systems</li> <li>- Advocate for expansion of Community Wastewater Management Systems where practicable</li> </ul> <p>4.5 Ensure adequate Emergency Management planning that addresses potential environmental health issues.</p>	<p>Businesses/ private sector Health SA EPA Schools Community</p>
Climate Change (Regional <b>Strategy 5</b> )	<p>5.1 Develop and implement a Climate Change Adaptation Plan for Alexandrina Council and contribute to the development of Regional Adaptation Plans.</p>	<p>DEWNR Environmental Groups NGO's, e.g. CFS and SES</p>
Economic Development (Regional <b>Strategy 6</b> )	<p>6.1 Leverage relationships with developers to achieve lifestyle oriented developments, e.g. developments that integrate a balance of active and passive open space and lifestyle opportunities.</p> <p>6.2 Maintain assets and places that support 'active tourism' including through natural environments and an 'eco-tourism' focus.</p> <p>6.3 Promote food sustainability and the 'Alexandrina Sustainable Agricultural Round Table' (ASART).</p>	<p>Businesses/ private sector State and Federal Govts (grant funding) Traders Groups Regional Development Australia</p>

## THEME 2: HEALTHY LIFESTYLES

Topic	Actions, Initiatives, Approaches, Projects	Potential Partners
Active Communities (Regional Strategy 7 and also relates to 8, 9 and 10)	<p>7.1 Continue to seek funding for and implement the CHSP (Commonwealth Home Support) program.</p> <p>7.2 Continue festivals and events grants funding to support diverse events and opportunities for community involvement.</p> <p>7.3 Continue to look for ways to activate the public realm through appropriate street furniture, art and landscaping that in turn facilitates activities.</p> <p>7.4 Continue to support arts and cultural initiatives that build resilience in communities such as the Change and Adaptation Program.</p> <p>7.5 Continue to support sports participation through grants, advice, directions, planning involvement and communication with sporting groups. This includes advocating for continued funding for the Be Active Star Club program.</p>	<p>Private sector</p> <p>Schools</p> <p>Community groups</p> <p>NGO's and Peake Bodies (e.g. Heart Foundation, Cancer Council)</p> <p>Government bodies for grant funding and programs</p>
Health Education (Regional Strategy 8 and also relates to 7 and 9)	<p>8.1 Seek to continue the OPAL program within Alexandrina Council beyond 2017 and investigate the opportunities to adopt a region wide approach to an OPAL style program linked with youth and families.</p>	<p>State Govt (Health SA, ORS)</p> <p>NGO's/ Health providers</p> <p>Community groups</p> <p>Businesses</p> <p>Schools</p> <p>Fleurieu Region Community Services Advisory Committee.</p>
Childhood and Youth Development (Regional Strategy 9)	<p>9.1 Continue to support a regional Youth Development role within Council, with expansion to Strathalbyn.</p> <p>9.2 Continue to participate in the Fleurieu Families regional program and advocate for continued funding for this program.</p>	<p>Schools</p> <p>NGO's/ youth and family support groups</p> <p>State and Federal Governments</p> <p>Community groups</p> <p>Fleurieu Region Community Services Advisory Committee</p> <p>Mt Barker and Adelaide Hills Councils</p>

## THEME 2: HEALTHY LIFESTYLES (continued)

Topic	Actions, Initiatives, Approaches, Projects	Potential Partners
<p>Connected Communities (including Volunteering and Skills)</p> <p>(Regional <b>Strategy 10 and 11 and also relates to 7, 8 and 9</b>)</p>	<p>10.1 Continue to provide a range of programs, referrals and services through the Alexandrina Community Connect program, including volunteering and skill development opportunities to enhance positive ageing and intergenerational engagement.</p> <p>10.2 Fill a vacant position in the Community Wellbeing Department to facilitate programs, services and community connection opportunities.</p> <p>10.3 Implement the Volunteer Coordinator position to oversee and support the many volunteers in the Alexandrina Council area.</p> <p>10.4 Liaise with interested local community centres and neighbourhood houses regarding their support for actions in the Plan that are relevant to the area, and seek partnerships and collaboration where appropriate.</p>	<p>Volunteering sa-nt Community groups Fleurieu Region Community Services Advisory Committee</p> <p>Local community centres/neighbourhood houses</p> <p>Alexandrina Community Hub</p> <p>Country Health SA</p>
<p>Equity and Access to Services</p> <p>(Regional <b>Strategy 12 and also relates to Theme 3</b>)</p>	<p>12.1 Advocate to the State Government for improved road infrastructure between Goolwa and Strathalbyn and the Victor Harbor Road.</p> <p>12.2 Advocate to the State Government for improved public and community transport.</p>	<p>State Govt (DPTI) Businesses/ private sector (transport providers)</p>

## THEME 3: PLANNING AND PARTNERSHIPS

Topic	Actions, Initiatives, Approaches, Projects	Potential Partners
Planning and Policy (Regional <b>Strategy 13</b> )	13.1 Continue to integrate public health principles, objectives and directions within future strategic and asset planning and management. 13.2 Finalise a Community Wellbeing Plan in line with Council’s Strategic Plan.	Internal (across Council) Fleurieu Councils, Country Health SA, Non-Government Agencies
Advocating on Social Issues (Regional <b>Strategy 14 and also relates to 16 and 18</b> )	14.1 Participate in a region-wide approach to advocating for social issues to be addressed with the level of involvement depending on the level of relevance to the Alexandrina Council area.	State and Federal governments NGO’s/ health providers
Networks (Regional <b>Strategy 15</b> )	15.1 Continue to be part of networks relating to public health that are established within the region, including suicide prevention networks.	NGO’s/ health providers Country Health SA, Fleurieu Councils
Region-wide Initiatives (Regional <b>Strategy 16</b> )	16.1 Play a key role in pursuing the community use of school facilities through a region-wide partnership approach.	Councils in the region State and Federal governments NGO’s/ health providers Community groups Private sector
Funding and Resources (Regional <b>Strategy 17 and also relates to 18</b> )	17.1 Continue to seek funds through the State and Federal Governments for community, recreation and other public health related facilities and initiatives through coordinated and targeted approaches linked to strategic planning.	State and Federal governments Community groups and sports Private sector